



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about today's service.

Please leave your microphone on mute during the responsory portions of the service. You are welcome to unmute yourself when you are invited to offer your prayers, then remember to mute it again when you have completed your prayer.

MORNING PRAYER

***Monday, January 17, 2022
The Season of Epiphany
Anthony of Egypt, Monastic, 356***

Opening Sentence

The Officiant says the following

From the rising of the sun to its setting my Name shall be great among the nations, and in every place incense shall be offered to my Name, and a pure offering; for my Name shall be great among the nations, says the Lord of hosts. *Malachi 1:11*

Invitatory and Psalter

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

Officiant You laid the foundation of the earth

People and the heavens are the work of your hands.

All Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Officiant Alleluia, Christ is shown forth in glory:

People O come, let us adore him, alleluia.

Said in unison **Jubilate** *Psalm 100*

May all lands be joyful before you, O God, *

serve with gladness

and come before your presence with a song.

For we know that you are God; *

you yourself have made us, and we are yours;

we are your people and the sheep of your pasture.

We shall enter your gates with thanksgiving,
go into your courts with praise, *
give thanks to you and call upon your Name.

For you are good; your mercy is everlasting; *
and your faithfulness endures from age to age.

Officiant Alleluia, Christ is shown forth in glory:
People O come, let us adore him, alleluia.

Psalm Appointed

read in unison Psalm 25 Ad te, Domine, levavi

1 To you, O God, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.

3 Show me your ways, O God, *
and teach me your paths.

4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

5 Remember, O God, your compassion and love, *
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *
remember me according to your love

and for the sake of your goodness, O God.

7 Gracious and upright are you; *
therefore you teach sinners in your way.

8 You guide the humble in doing right *
and teach your way to the lowly.

9 All your paths are love and faithfulness *
to those who keep your covenant and your testimonies.

10 For your Name's sake, O God, *
forgive my sin, for it is great.

11 Who are they who fear you? *
You will teach them the way that they should choose.

12 They shall dwell in prosperity, *
and their offspring shall inherit the land.

13 You are a friend to those who fear you *
and will show them your covenant.

14 My eyes are ever looking to you, *
for you shall pluck my feet out of the net.

15 Turn to me and have pity on me, *
for I am left alone and in misery.

16 The sorrows of my heart have increased; *
bring me out of my troubles.

17 Look upon my adversity and misery *
and forgive me all my sin.

18 Look upon my enemies, for they are many, *
and they bear a violent hatred against me.

19 Protect my life and deliver me; *
let me not be put to shame, for I have trusted in you.

20 Let integrity and uprightness preserve me, *
for my hope has been in you.

21 Deliver the people of Israel, O God, *
out of all their troubles.

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be
for ever. Amen.

The Lessons

First Reading

Reader A reading from **The Book of Genesis 8:6-22**

At the end of forty days Noah opened the window of the ark that he had made and sent out the raven; and it went to and fro until the waters were dried up from the earth. Then he sent out the dove from him, to see if the waters had subsided from the face of the ground; but the dove found no place to set its foot, and it returned to him to the ark, for the waters were still on the face of the whole earth. So he put out his hand and took it and brought it into the ark with him. He waited another seven days, and again he sent out the dove from the ark; and the dove came back to him in the evening, and there in its beak was a freshly

plucked olive leaf; so Noah knew that the waters had subsided from the earth. Then he waited another seven days, and sent out the dove; and it did not return to him any more.

In the six hundred and first year, in the first month, on the first day of the month, the waters were dried up from the earth; and Noah removed the covering of the ark, and looked, and saw that the face of the ground was drying. In the second month, on the twenty-seventh day of the month, the earth was dry. Then God said to Noah, 'Go out of the ark, you and your wife, and your sons and your sons' wives with you. Bring out with you every living thing that is with you of all flesh—birds and animals and every creeping thing that creeps on the earth—so that they may abound on the earth, and be fruitful and multiply on the earth.' So Noah went out with his sons and his wife and his sons' wives. And every animal, every creeping thing, and every bird, everything that moves on the earth, went out of the ark by families.

Then Noah built an altar to the Lord, and took of every clean animal and of every clean bird, and offered burnt-offerings on the altar. And when the Lord smelt the pleasing odour, the Lord said in his heart, 'I will never again curse the ground because of humankind, for the inclination of the human heart is evil from youth; nor will I ever again destroy every living creature as I have done.

As long as the earth endures,
seedtime and harvest, cold and heat,
summer and winter, day and night,
shall not cease.'

Here ends the reading.

read in unison **Canticle 26**

A Song of God's Chosen One *Isaiah 11:1-9*

Refrain:

All The earth shall be full of the knowledge of our God..

Then a shoot will sprout from the stump of Jesse;
from Jesse's roots, a branch will blossom:

The Spirit of God will rest on you--
a spirit of wisdom and understanding,
a spirit of counsel and strength,
a spirit of knowledge and reverence for God.

You will delight in obeying God,
and you won't judge by appearances,
or make decisions by hearsay.

You will treat poor people with fairness
and will uphold the rights of the land's
downtrodden.

With a single word you will strike down tyrants;
with your decrees you will execute evil people.
Justice will be the belt around this your waist-
faithfulness will gird you up.

Then the wolf will dwell with the lamb,
and the leopard will lie down with the young goat;
the calf and the lion cub will graze together,
and a little child will lead them.

The cow will feed with the bear;
their young will lie down together.

The lion will eat hay like the ox.

The baby will play next to the den of the cobra,
and the toddler will dance over the viper's nest.

There will be no harm, no destruction
anywhere in my holy mountain;

for as water fills the sea,
so the land will be filled with knowledge of God.

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Refrain:

All The earth shall be full of the knowledge of our God..

The Gospel

Reader: A reading from the Gospel of **John 2:23-3:15**

When he was in Jerusalem during the Passover festival, many believed in his name because they saw the signs that he was doing. But Jesus on his part would not entrust himself to them, because he knew all people and needed no one to testify about anyone; for he himself knew what was in everyone.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus

answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

Here ends the reading.

A moment of silence is observed so that we may reflect on the teachings and ministry of Jesus.

The Apostle's Creed

The Officiant and People say together

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate,
was crucified, died, and was buried. He descended to the dead.
On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,

the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant Believing the promises of God, as our Savior taught us, we pray

Officiant and People **An alternative Lord's Prayer**

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Help us, O God our Savior;
R. Deliver us and forgive us our sins.
V. Look upon your congregation;
R. Give to your people the blessing of peace.
V. Declare your glory among the nations;
R. And your wonders among all peoples.
V. Do not let the oppressed be shamed and turned away;

R. Never forget the lives of your poor.

V. Continue your loving-kindness to those who know you;

R. And your favor to those who are true of heart.

V. Satisfy us by your loving-kindness in the morning;

R. So shall we rejoice and be glad all the days of our life.

The Collects

The Collect of the Day

Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshipped, and obeyed to the ends of the earth; through Jesus Christ our Savior, who with you and the Holy Spirit lives and reigns, one God, now and for ever. *Amen.*

O God, as you by your Holy Spirit enabled your servant Antony to withstand the temptations of the world, the flesh, and the devil, so give us grace, with pure hearts and minds, to follow you, the only God; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Almighty God, by the hand of Moses your servant you led your people out of slavery, and made them free at last: Grant that your Church, following the example of your prophet Martin Luther King, may resist oppression in the name of your love, and may strive to secure for all your children the blessed liberty of the Gospel of Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Together

For People Facing Uncertainty

God of the present moment, God who in Jesus stills the storm and soothes the frantic heart; bring hope and courage to us all as we wait in uncertainty. Bring hope that you will make us the equal of whatever lies ahead. Bring us courage to endure what cannot be avoided, for your will is health and wholeness; you are God, and we need you. Amen.

Together

For discernment for the future of the Diocese of Vermont

Gracious and loving God, of transformation and discovery, we give thanks that you call us to be your people in this time, and in this place. As you call us into deeper and uncertain waters, “to step out of the boat and go closer to Jesus,” we give thanks for the experience, gifts and skills of our diocesan household, represented by the Task Force for Hope, Revitalization, Innovation, Vision, and Efficiency (THRIVE). Bless their efforts as they rally and shepherd us in our common work. We pray for open hearts and minds and for clear vision, and never-ending reliance on your abundant and creative goodness. We pray for inspiration and guidance from your Holy Spirit, knowing that your power working in us can accomplish far more than we can ask or imagine. All this, we pray, in Jesus’ name. Amen.

Together

For dismantling racism

Creator of the Universe, source of all goodness and love, we ask wisdom, help, and guidance as we work to counter the many instances of injustice and racism in our world. Help us to value differences in culture, religious beliefs, and physical appearance, and celebrate the God-made wonder of every human being. Help us to be vigilant, working against racial and social injustice in our own hearts and in the world around us, that we may live into our baptismal covenant to “strive for justice and peace among all people, and respect the dignity of every human being.” Amen.

The Officiant says

I invite your prayers of thanksgiving and intercession at this time.

(During the silence people may add their own prayers. Please unmute yourself to share your prayer aloud. When you have completed your prayer, return the microphone to mute.)

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

The Officiant and People say together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ, our best vision,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Together **A Collect of Dedication**

Beloved God: As we rejoice in the gift of this new day, once again
we offer ourselves to you. May the light of your presence, O God,
set our hearts on fire with love for you; now and for ever. Amen.

Dismissal

Deacon Let us bless God.

People To God be thanks forever.

The Officiant ends with a Concluding Sentences

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. Amen.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. Amen.

Commemoration

In the third century, many Christians turned away from the corrupt and decadent society of the time and went to live in deserts or on mountains, in solitude, fasting, and prayer. Antony of Egypt was an outstanding example of this movement, but he was not a recluse. He is traditionally regarded as the founder of Christian monasticism because of his role as an inspirational teacher and guide, which spread the popularity of the new monastic movement considerably. Antony's parents were Christians, and he grew up to be quiet, devout, and meditative. When his parents died, he and his younger sister were left to care for a sizable estate. Six months later, while attending church, he heard the reading about the rich young man whom Christ directed to sell all that he had and give to the poor. Hearing his own call from God through this scripture, Antony at once gave his land to the villagers and sold most of his goods, giving the proceeds to the poor. Later, after meditating on Christ's exhortation, "Do not be anxious about tomorrow," he sold what remained of his possessions, placed his sister in a "house of virgins," and became an anchorite (solitary ascetic).

Athanasius, whose work *The Life of Antony* quickly spread his fame well beyond Egypt, writes that he spent his days praying, reading, and doing manual labor. For a time, he was tormented by temptations and demons in various guises, but he resisted, and the demons fled. Moving to the mountains across the Nile from his village, Antony dwelt alone for twenty years. In 305, he left his cave and founded an early form of monastic communal life— a collection of cells inhabited by ascetics living under his guidance. Athanasius writes of such colonies: “Their cells, like tents, were filled with singing, fasting, praying, and working that they might give alms, and having love and peace with one another.” He willed a goat-skin tunic and a cloak to Athanasius, who said of him: “He was like a physician given by God to Egypt. For who met him grieving and did not go away rejoicing? Who came full of anger and was not turned to kindness?... What monk who had grown slack was not strengthened by coming to him? Who came troubled by doubts and failed to gain peace of mind?” Antony died in 356.

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