



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about today's service.

Please ***leave your microphone on mute*** during the responsory portions of the service. You are welcome to unmute yourself when you are invited to offer your prayers, then remember to mute it again when you have completed your prayer.

We will always read the Gospel appointed for the day so that we can read and meditate on Jesus' words and teaching.

MORNING PRAYER

August 22, 2022

Monday of Ordinary Time, Proper 16

Opening Sentence

The Officiant says the following

Keep on praying and guard your prayers with thanksgiving.

Colossians 4:2

Invitatory and Psalter

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

All Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now,
and will be for ever. Amen. Alleluia.

Officiant Our God orders all things well:

People Come, let us worship.

Said in unison **Jubilate** *Psalm 100*

May all lands be joyful before you, O God, *

serve with gladness

and come before your presence with a song.

For we know that you are God; *

you yourself have made us, and we are yours;

we are your people and the sheep of your pasture.

We shall enter your gates with thanksgiving,

go into your courts with praise, *
give thanks to you and call upon your Name.

For you are good; your mercy is everlasting; *
and your faithfulness endures from age to age.

Officiant Our God orders all things well:

People Come, let us worship.

Psalms Appointed

Read in unison or responsively by whole or half verse

Psalms 1.2 and 3

Psalm 1 *Beatus vir qui non abiit*

1 Happy are they who have not walked in the counsel of the wicked, *

nor lingered in the way of sinners,
nor sat in the seats of the scornful!

2 Their delight is in the law of the Holy One, *
and they meditate on that law day and night.

3 They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.

4 It is not so with the wicked; *
they are like chaff which the wind blows away.

5 Therefore the wicked shall not stand upright when judgment comes, *

nor the sinner in the council of the righteous;

6 For the Holy One knows the way of the righteous, *
but the way of the wicked is doomed.

Psalm 2 *Quare fremuerunt gentes?*

1 Why are the nations in an uproar; *
why do the peoples mutter empty threats?

2 Why do the mighty of the earth rise up in revolt
and the rulers plot together, *
against God and against God's Anointed?

3 "Let us break their yoke," they say; *
"let us cast off their bonds from us."

4 You whose throne is in heaven are laughing; *
you have them in derision.

5 Then you speak to them in your wrath, *
and your rage fills them with terror.

6 "I myself have set my monarch *
upon my holy hill of Zion."

7 Let me announce the decree of God, *
who has said to me, "You are my Son;
this day have I begotten you.

8 Ask of me, and I will give you the nations for your inheritance *
and the ends of the earth for your possession.

9 You shall crush them with an iron rod *
and shatter them like a piece of pottery.”

10 And now, you monarchs, be wise; *
be warned, you rulers of the earth.

11 Submit to God with fear, *
and with trembling bow before the Most High,

12 Lest God be angry and you perish, *
for divine wrath is quickly kindled.

13 Happy are they all *
who take refuge in God!

Psalm 3 *Domine, quid multiplicati*

1 O God, how many adversaries I have; *
how many there are who rise up against me!

2 How many there are who say of me, *
there is no help for me in my God.

3 But you, O God, are a shield about me; *
you are my glory, the one who lifts up my head.

4 I call aloud to you, O God, *
and you answer me from your holy hill;

5 I lie down and go to sleep; *
I wake again, because you sustain me.

6 I do not fear the multitudes of people *

who set themselves against me all around.

7 Rise up, O God; set me free, O my God; *
surely, you will strike all my enemies across the face;
you will break the teeth of the wicked.

8 Deliverance belongs to you, O Most High. *
Your blessing be upon your people!

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be
for ever. Amen.

The Lessons

First Reading

Reader A reading from **the Acts of the Apostles 9:19-31**

And after taking some food, Saul regained his strength.

For several days he was with the disciples in Damascus, and immediately he began to proclaim Jesus in the synagogues, saying, 'He is the Son of God.' All who heard him were amazed and said, 'Is not this the man who made havoc in Jerusalem among those who invoked this name? And has he not come here for the purpose of bringing them bound before the chief priests?' Saul became increasingly more powerful and confounded the Jews who lived in Damascus by proving that Jesus was the Messiah.

After some time had passed, the Jews plotted to kill him, but their plot became known to Saul. They were watching the gates day and night so that they might kill him; but his disciples took him by night and let him down through an opening in the wall, lowering him in a basket.

When he had come to Jerusalem, he attempted to join the disciples; and they were all afraid of him, for they did not believe that he was a disciple. But Barnabas took him, brought him to the apostles, and described for them how on the road he had seen the Lord, who had spoken to him, and how in Damascus he had spoken boldly in the name of Jesus. So he went in and out among them in Jerusalem, speaking boldly in the name of the Lord. He spoke and argued with the Hellenists; but they were attempting to kill him. When the believers learned of it, they brought him down to Caesarea and sent him off to Tarsus.

Meanwhile the church throughout Judea, Galilee, and Samaria had peace and was built up. Living in the fear of the Lord and in the comfort of the Holy Spirit, it increased in numbers.

Reader Here ends the reading.

read in unison **Canticle 9 The First Song of Isaiah** *Ecce, Deus Isaiah*
12:2-6

Surely God is my salvation; *

I will trust and will not be afraid,
For God is my strength and my might *
and will be my Savior.

Therefore you shall draw water with rejoicing
from the springs of salvation, *
and on that day you shall say,

Give thanks and call upon God's name;

Make known God's deeds among the peoples; *

proclaim that God's name is exalted;
Sing praises to the Most High who has done great things; *
let this be known in all the world.
Shout aloud and sing for joy, O inhabitants of Zion, *
for great in your midst is the Holy One of Israel.
Praise to the holy and undivided Trinity, one God*
as it was in the beginning, is now,
and will be for ever. Amen.

The Gospel

Reader A reading from the Gospel of **John 6:52-59**

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

Reader Here ends the reading.

A moment of silence is observed so that we may reflect on the teachings and ministry of Jesus.

The Apostles' Creed

Together

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant God be with you.

People And also with you.

Officiant Let us pray.

Together

An alternative Lord's Prayer

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Help us, O God our Savior;
R. Deliver us and forgive us our sins.
V. Look upon your congregation;
R. Give to your people the blessing of peace.
V. Declare your glory among the nations;
R. And your wonders among all peoples.
V. Do not let the oppressed be shamed and turned away;
R. Never forget the lives of your poor.
V. Continue your loving-kindness to those who know you;
R. And your favor to those who are true of heart.
V. Satisfy us by your loving-kindness in the morning;
R. So shall we rejoice and be glad all the days of our life.

The Collects

The Collect of the Day

Officiant

Proper 16

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Together

God of work and rest and pleasure,
grant that what we do this week may be for us an offering
rather than a burden;
and for those we serve, may it be the help they need.
Amen.

Together

A Collect for Dismantling Racism

O God, you created all peoples in your image, we thank you for the wonderful diversity of races and cultures in this world. Enrich

our lives by ever-widening circles of fellowship, and show us your presence in those who differ most from us, until our knowledge of your love is made perfect in our love for all your children; through Jesus Christ our Savior. Amen.

The Officiant says

I invite your prayers of thanksgiving and intercession at this time.

*(During the silence people may add their own prayers. **Please unmute yourself to share your prayer aloud. When you have completed your prayer, return the microphone to mute.**)*

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

Together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.

We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ, our best vision,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Dismissal

Deacon or Officiant Let us bless God.

People To God be thanks forever.

Concluding Sentences

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. *Amen.*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever.
Amen.

Liturgy created with the following resources:

Book of Common Prayer, Enriching Our Worship, Saint Helena Breviary, A New Zealand Prayer Book and The Inclusive Bible, https://prayer.forwardmovement.org/prayers_and_thanksgivings.php#T7