



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about today's service.

Please leave your microphone on mute during the responsory portions of the service. You are welcome to unmute yourself when you are invited to offer your prayers, then remember to mute it again when you have completed your prayer.

MORNING PRAYER

Monday, January 30, 2023
The Season of Epiphany

Opening Sentence

The Officiant says the following

From the rising of the sun to its setting my Name shall be great among the nations, and in every place incense shall be offered to my Name, and a pure offering; for my Name shall be great among the nations, says the Lord of hosts. *Malachi 1:11*

Invitatory and Psalter

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

Officiant You laid the foundation of the earth

People and the heavens are the work of your hands.

All Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Officiant Alleluia, Christ is shown forth in glory:

People O come, let us adore him, alleluia.

Said in unison **Jubilate** *Psalms 100*

May all lands be joyful before you, O God, *
serve with gladness
and come before your presence with a song.

For we know that you are God; *
you yourself have made us, and we are yours;
we are your people and the sheep of your pasture.
We shall enter your gates with thanksgiving,
go into your courts with praise, *

give thanks to you and call upon your Name.

For you are good; your mercy is everlasting; *
and your faithfulness endures from age to age.

Officiant Alleluia, Christ is shown forth in glory:

People O come, let us adore him, alleluia.

Psalms Appointed

read in unison **Psalms 56 and 57**

Psalm 56 *Miserere mei, Deus*

1 Have mercy on me, O God,
for my enemies are hounding me; *
all day long they assault and oppress me.

2 They hound me all the day long; *
truly there are many who fight against me, O Most High.

3 Whenever I am afraid, *
I will put my trust in you.

4 In God, whose word I praise,
in God I trust and will not be afraid, *
for what can flesh do to me?

5 All day long they damage my cause; *
their only thought is to do me evil.

6 They band together; they lie in wait; *
they spy upon my footsteps,
because they seek my life.

7 Shall they escape despite their wickedness? *
O God, in your anger, cast down the peoples.

8 You have noted my lamentation;
put my tears into your bottle; *
are they not recorded in your book?

9 Whenever I call upon you, my enemies will be put to flight; *
this I know, for God is on my side.

10 In God, whose word I praise,
in God I trust and will not be afraid, *
for what can mortals do to me?

11 I am bound by the vow I made to you, O God; *
I will present to you thank-offerings;

12 For you have rescued my soul from death and my feet from
stumbling, *
that I may walk before you in the light of the living.

Psalm 58 *Si vere utique*

1 Do you indeed decree righteousness, you rulers; *
do you judge the peoples with equity?

2 No; you devise evil in your hearts, *
and your hands deal out violence in the land.

3 The wicked are perverse from the womb; *
liars go astray from their birth.

4 They are as venomous as a serpent; *

they are like the deaf adder which stops its ears,

5 Which does not heed the voice of the charmer, *
no matter how skillful the charming.

6 O God, break their teeth in their mouths; *
pull the fangs of the young lions, O God.

7 Let them vanish like water that runs off; *
let them wither like trodden grass.

8 Let them be like the snail that melts away, *
like a stillborn child that never sees the sun.

9 Before they bear fruit, let them be cut down like a brier; *
like thorns and thistles let them be swept away.

10 The righteous will be glad when they see the vengeance; *
they will bathe their feet in the blood of the wicked.

11 And they will say,
“Surely, there is a reward for the righteous; *
surely, there is a God who rules in the earth.”

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be
for ever. Amen.

The Lessons

First Reading

Reader A reading from **the Prophet Isaiah 51:17-23**

Rouse yourself, rouse yourself!
Stand up, O Jerusalem,
you who have drunk at the hand of the Lord
the cup of his wrath,
who have drunk to the dregs
the bowl of staggering.
There is no one to guide her
among all the children she has borne;
there is no one to take her by the hand
among all the children she has brought up.
These two things have befallen you
—who will grieve with you?—
devastation and destruction, famine and sword—
who will comfort you?
Your children have fainted,
they lie at the head of every street
like an antelope in a net;
they are full of the wrath of the Lord,
the rebuke of your God.

Therefore hear this, you who are wounded,
who are drunk, but not with wine:
Thus says your Sovereign, the Lord,
your God who pleads the cause of his people:
See, I have taken from your hand the cup of staggering;
you shall drink no more
from the bowl of my wrath.
And I will put it into the hand of your tormentors,
who have said to you,
'Bow down, that we may walk on you';
and you have made your back like the ground
and like the street for them to walk on.

Here ends the reading.

read in unison **Canticle 26**

A Song of God's Chosen One *Isaiah 11:1-9*

Refrain:

All The earth shall be full of the knowledge of our God..

Then a shoot will sprout from the stump of Jesse;
from Jesse's roots, a branch will blossom:

The Spirit of God will rest on you--
a spirit of wisdom and understanding,
a spirit of counsel and strength,
a spirit of knowledge and reverence for God.

You will delight in obeying God,
and you won't judge by appearances,
or make decisions by hearsay.

You will treat poor people with fairness
and will uphold the rights of the land's
downtrodden.

With a single word you will strike down tyrants;
with your decrees you will execute evil people.
Justice will be the belt around this your waist-
faithfulness will gird you up.

Then the wolf will dwell with the lamb,
and the leopard will lie down with the young goat;
the calf and the lion cub will graze together,
and a little child will lead them.

The cow will feed with the bear;
their young will lie down together.

The lion will eat hay like the ox.

The baby will play next to the den of the cobra,
and the toddler will dance over the viper's nest.

There will be no harm, no destruction
anywhere in my holy mountain;
for as water fills the sea,
so the land will be filled with knowledge of God.

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Refrain:

All The earth shall be full of the knowledge of our God..

The Gospel

Reader: A reading from the Gospel of **Mark 7:24-37**

From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go—the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his

tongue. Then looking up to heaven, he sighed and said to him, 'Ephphatha', that is, 'Be opened.' And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, 'He has done everything well; he even makes the deaf to hear and the mute to speak.'

Here ends the reading.

A moment of silence is observed so that we may reflect on the teachings and ministry of Jesus.

The Apostle's Creed

The Officiant and People say together

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate,
was crucified, died, and was buried. He descended to the dead.
On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant Believing the promises of God, as our Savior taught us, we pray

Officiant and People **An alternative Lord's Prayer**

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Help us, O God our Savior;
R. Deliver us and forgive us our sins.
V. Look upon your congregation;
R. Give to your people the blessing of peace.
V. Declare your glory among the nations;
R. And your wonders among all peoples.
V. Do not let the oppressed be shamed and turned away;
R. Never forget the lives of your poor.
V. Continue your loving-kindness to those who know you;

R. And your favor to those who are true of heart.
V. Satisfy us by your loving-kindness in the morning;
R. So shall we rejoice and be glad all the days of our life.

The Collects

The Collect of the Day

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. *Amen.*

Together

For dismantling racism

Creator of the Universe, source of all goodness and love, we ask wisdom, help, and guidance as we work to counter the many instances of injustice and racism in our world. Help us to value differences in culture, religious beliefs, and physical appearance, and celebrate the God-made wonder of every human being. Help us to be vigilant, working against racial and social injustice in our own hearts and in the world around us, that we may live into our baptismal covenant to “strive for justice and peace among all people, and respect the dignity of every human being.” *Amen.*

The Officiant says

I invite your prayers of thanksgiving and intercession at this time.

(During the silence people may add their own prayers. Please unmute yourself to share your prayer aloud. When you have completed your prayer, return the microphone to mute.)

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

The Officiant and People say together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.

We bless you for our creation, preservation,
and all the blessings of this life;

but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;

for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,

that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ, our best vision,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Together **A Collect of Dedication**

Beloved God: As we rejoice in the gift of this new day, once again we offer ourselves to you. May the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen.

Dismissal

Deacon Let us bless God.

People To God be thanks forever.

The Officiant ends with a Concluding Sentences

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. Amen.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. Amen.

Liturgy created with the following resources:

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