



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

Evening Prayer

*May 3, 2026
5th Sunday in Easter*

The Officiant begins

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. *Colossians 3:1*

Led by a deacon

Like Mary at the empty tomb,
we fail to grasp the wonder of your presence.
Lord, have mercy.
Lord, have mercy.

Like the disciples behind locked doors,
we are afraid to be seen as your followers.
Christ, have mercy.
Christ, have mercy.

Like Thomas in the upper room,
we are slow to believe.
Lord, have mercy.
Lord, have mercy.

Officiant

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in our Savior Jesus Christ. *Amen.*

A deacon or lay person using the preceding form substitutes “us” for “you” and “our” for “your.”

The Invitatory and Psalter

The Officiant O God, be not far from us.
People Come quickly to help us, O God.

All Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Light of the World *Phos hilaron*
Light of the world, in grace and beauty,
Mirror of God's eternal face,
Transparent flame of love's free duty,
You bring salvation to our race.
Now, as we see the lights of evening,
We raise our voice in hymns of praise;
Worthy are you of endless blessing,
Sun of our night, lamp of our days.

Then follows

Evening Psalm Antiphon

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice.

Psalms Appointed 24 & 29

Read responsively by whole verse

Psalm 24

1 The earth is God's and all that is in it, *
the world and all who dwell therein.

2 For it is God who founded it upon the seas *
and made it firm upon the rivers of the deep.

3 "Who can ascend the hill of the Most High, *
and who can stand in God's holy place?"

4 "Those who have clean hands and a pure heart, *
who have not pledged themselves to falsehood,

nor sworn by what is a fraud.

5 They shall receive a blessing from the Holy One *
and a just reward from the God of their salvation.”

6 Such is the generation of those who seek God, *
of those who seek your face, O God of Jacob.

7 Lift up your heads, O gates;
lift them high, O everlasting doors, *
and the One who reigns in glory shall come in.

8 “Who is this who reigns in glory?” *
“The Holy One, strong and mighty,
the Holy One, mighty in battle.”

9 Lift up your heads, O gates;
lift them high, O everlasting doors, *
and the One who reigns in glory shall come in.

10 “Who is this who reigns in glory?” *
“This is God, the God of Hosts,
who reigns in glory.”

Psalm 29

1 Ascribe to God, you heavenly beings, *
ascribe to God glory and strength.

2 Ascribe due honor to God’s holy Name; *
worship the Most High in the beauty of holiness.

3 The voice of God is upon the waters;
the God of glory thunders; *
God is upon the mighty waters.

4 The voice of God is a powerful voice; *

the voice of God is a voice of splendor.

5 The voice of God breaks the cedar trees; *
God breaks the cedars of Lebanon;

6 God makes Lebanon skip like a calf *
and Mount Hermon like a young wild ox.

7 The voice of God splits the flames of fire;
the voice of God shakes the wilderness; *
God shakes the wilderness of Kadesh.

8 The voice of God makes the oak trees writhe *
and strips the forests bare.

9 And in the temple of the Holy One, *
all are crying, "Glory!"

10 God sits enthroned above the flood, *
enthroned as Sovereign for evermore.

11 God shall give strength to the people; *
God shall give the people the blessing of peace.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Evening Psalm Antiphon

Let my prayer be set forth in your sight as incense, the lifting up of my hands as the evening sacrifice.

The Lessons

First Reading

Reader: A reading from **Hebrews 12:1-14**

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart. In your struggle against sin you have not yet resisted to the point of shedding your blood. And you have forgotten the exhortation that addresses you as children—

‘My child, do not regard lightly the discipline of the Lord,
or lose heart when you are punished by him;
for the Lord disciplines those whom he loves,
and chastises every child whom he accepts.’

Endure trials for the sake of discipline. God is treating you as children; for what child is there whom a parent does not discipline? If you do not have that discipline in which all children share, then you are illegitimate and not his children. Moreover, we had human parents to discipline us, and we respected them. Should we not be even more willing to be subject to the Father of spirits and live? For they disciplined us for a short time as seemed best to them, but he disciplines us for our good, in order that we may share his holiness. Now, discipline always seems painful rather than pleasant at the time, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

Therefore lift your drooping hands and strengthen your weak knees, and make straight paths for your feet, so that what is lame may not be put out of joint, but rather be healed.

Pursue peace with everyone, and the holiness without which no one will see the Lord.

After the Readings, the Reader says

Hear what the Spirit is saying to God’s people.

People Thanks be to God.

The Song of Simeon *Nunc dimittis Luke 2:29-32*

O God, you now have set your servant free *
to go in peace as you have promised;
For these eyes of mine have seen the Savior, *
whom you have prepared for all the world to see:
A Light to enlighten the nations, *
and the glory of your people Israel.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Second Reading

Reader: A reading from the **Gospel of Luke 4:16-30**

When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:

‘The Spirit of the Lord is upon me,
because he has anointed me
to bring good news to the poor.
He has sent me to proclaim release to the captives
and recovery of sight to the blind,
to let the oppressed go free,
to proclaim the year of the Lord’s favour.’

And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, ‘Today this scripture has been fulfilled in your hearing.’ All spoke well of him and were amazed at the gracious words that came from his mouth. They said, ‘Is not this Joseph’s son?’ He said to them, ‘Doubtless you will quote to me this proverb, “Doctor, cure yourself!” And you will say, “Do here also in your home town the things that we have heard you did at Capernaum.”’ And he said, ‘Truly I tell you, no prophet is accepted in the prophet’s home town. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up for three years

and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian.' When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

After the Readings, the Reader says

Hear what the Spirit is saying to God's people.

People Thanks be to God.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

Affirmation of Faith

Officiant Let us say together in faith

We believe in one God, who is Creator,
maker of all we see and all we don't see;
Who is Ruler of the universe:
Source of all creation!

We believe in one God, who is Jesus Christ,
God from God, Light from Light, true God and true man.
He is one with the Creator; the Word made flesh, our Messiah:
Savior of all creation!

We believe in one God, who is Holy Spirit,
Breath of God moving among us.
Who is one with Creator; one with Christ; our Comforter and our Guide:
Mentor of all creation!

The Prayers

Officiant God be with you.

People And also with you.
Officiant Let us pray.

Officiant and People

An alternative Lord's Prayer

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
 and the glory are yours,
 now and for ever. Amen.

Suffrages **B**

That this evening may be holy, good, and peaceful,
We entreat you, O God.

That your holy angels may lead us in paths of peace and goodwill,
We entreat you, O God.

That we may be pardoned and forgiven for our sins and offenses,
We entreat you, O God.

That there may be peace to your Church and to the whole world,
We entreat you, O God.

That we may depart this life in your faith and fear, and not be condemned
before the great judgment seat of Christ,
We entreat you, O God.

That we may be bound together by your Holy Spirit in the communion of
[_____ and] all your saints, entrusting one another and all our life to
Christ,

We entreat you, O God.

The Collects

Officiant Let us pray.

The Collect of the Day

Officiant

Almighty God, whom truly to know is everlasting life: Grant us so perfectly to know your Son Jesus Christ to be the way, the truth, and the life, that we may steadfastly follow his steps in the way that leads to eternal life; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Officiant

Almighty God, whose Son our Savior Jesus Christ triumphed over the powers of death and prepared for us our place in the new Jerusalem: Grant that we, who have this day given thanks for his resurrection, may praise you in that City of which he is the light, and where he lives and reigns for ever and ever. *Amen.*

Officiant

Keep watch, dear God, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, O Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. *Amen.*

*Silence may be kept, and free intercessions and thanksgivings may be offered. **Please unmute yourself if you wish to share your prayer aloud. Remember to return your microphone to mute when you have completed your prayer.***

Officiant: Lord, in your mercy,

People: Hear our prayer

A Litany of Thanksgiving

Let us give thanks to God our Creator for the gifts so freely bestowed upon us.

For the beauty and wonder of your creation, in earth and sky and sea.

We thank you, Lord.

For all that is gracious in the lives of humanity, revealing the image of Christ,

We thank you, Lord.

For our daily food and drink, our homes and families, and our friends,

We thank you, Lord.

For minds to think, and hearts to love, and hands to serve,

We thank you, Lord.

For health and strength to work, and leisure to rest and play,

We thank you, Lord.

For the brave and courageous, who are patient in suffering and faithful in adversity,

We thank you, Lord.

For all valiant seekers after truth, liberty, and justice,

We thank you, Lord.

For the communion of saints, in all times and places,

We thank you, Lord.

Above all, we give you thanks for the great mercies and promises given to us in Christ Jesus our Lord;

To him be praise and glory, with you, O Creator and the Holy Spirit, now and for ever. Amen.

Dismissal

Deacon Let us bless God. Alleluia, alleluia.

People To God be thanks forever. Alleluia, alleluia.

Concluding Sentences

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. *Amen.*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. *Amen.*

Liturgy created with the following resources: Book of Common Prayer, Enriching Our Worship, Saint Helena Breviary, A New Zealand Prayer Book and The Inclusive Bible, For Times of Transition - Joseph P. Shadle, Affirmation of Faith: copyright © Lisa Frenz, on Lisa's Liturgies.