



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

MORNING PRAYER

Wednesday, May 6, 2026

Week 5 in Eastertide

Opening Sentence

The Officiant says the following

Thanks be to God, who gives us the victory through our Lord Jesus Christ. *1 Corinthians 15:57*

Invitatory and Psalter

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

All Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Officiant Alleluia, Christ is shown forth in glory:

People O come, let us adore him, alleluia.

Said in unison **Christ our Passover** *Pascha nostrum*

1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22

Alleluia.

Christ our Passover has been sacrificed for us; *

therefore let us keep the feast,

Not with the old leaven, the leaven of malice and evil, *

but with the unleavened bread of sincerity and truth. Alleluia.

Christ being raised from the dead will never die again; *

death no longer has dominion over him.

The death that he died, he died to sin, once for all; *

but the life he lives, he lives to God.

So also consider yourselves dead to sin, *
and alive to God in Jesus Christ our Lord. Alleluia.
Christ has been raised from the dead, *
the first fruits of those who have fallen asleep.
For since by a man came death, *
by a man has come also the resurrection of the dead.
For as in Adam all die, *
so also in Christ shall all be made alive. Alleluia.

Officiant Alleluia, Christ is risen indeed:

People O come, let us adore him, alleluia.

Psalm Appointed 72

Read responsively by whole verse

1 Give the King your justice, O God, *
and your righteousness to the King's Son,

2 That he may rule your people righteously *
and the poor with justice;

3 That the mountains may bring prosperity to the people, *
and the little hills bring righteousness.

4 He shall defend the needy among the people; *
he shall rescue the poor and crush the oppressor.

5 He shall live as long as the sun and moon endure, *
from one generation to another.

6 He shall come down like rain upon the mown field, *
like showers that water the earth.

7 In his time shall the righteous flourish; *
there shall be abundance of peace till the moon shall be no more.

8 He shall rule from sea to sea *

and from the River to the ends of the earth.

9 His foes shall bow down before him, *
and his enemies lick the dust.

10 The rulers of Tarshish and of the isles shall pay tribute, *
and the rulers of Arabia and Saba offer gifts.

11 All rulers shall bow down before him, *
and all the nations do him service.

12 For he shall deliver the poor who cries out in distress *
and the oppressed who has no helper.

13 He shall have pity on the lowly and poor; *
he shall preserve the lives of the needy.

14 He shall redeem their lives from oppression and violence, *
and dear shall their blood be in his sight.

15 Long may he live;
and may there be given to him gold from Arabia; *
may prayer be made for him always,
and may they bless him all the day long.

16 May there be abundance of grain on the earth,
growing thick even on the hilltops; *
may its fruit flourish like Lebanon,
and its grain like grass upon the earth.

17 May his name remain for ever
and be established as long as the sun endures; *
may all the nations bless themselves in him and call him blest.

18 Blest are you, O God of Israel; *
you alone do wondrous deeds!

19 And blest is your glorious Name for ever! *
May all the earth be filled with your glory.
Amen. Amen.

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be forever. Amen.

The Lessons

First Reading

Reader A reading from **1 Thessalonians 5:12-28**

But we appeal to you, brothers and sisters, to respect those who labour among you, and have charge of you in the Lord and admonish you; esteem them very highly in love because of their work. Be at peace among yourselves. And we urge you, beloved, to admonish the idlers, encourage the faint-hearted, help the weak, be patient with all of them. See that none of you repays evil for evil, but always seek to do good to one another and to all. Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain from every form of evil.

May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do this.

Beloved, pray for us.

Greet all the brothers and sisters with a holy kiss. I solemnly command you by the Lord that this letter be read to all of them.

The grace of our Lord Jesus Christ be with you.

Here ends the reading.

read in unison **The Song of the Redeemed** *Revelation 15:3-4*

O ruler of the universe, Lord God,

great deeds are they that you have done, *

surpassing human understanding.

Your ways are ways of righteousness and truth, *

O King of all the ages.

Who can fail to do you homage, Lord, and sing the praises of your Name?*

for you only are the Holy One.

All nations will draw near and fall down before you, *

because your just and holy works have been revealed.

The Gospel

Reader. A reading from the **Gospel of Matthew 6:19-24**

‘Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

‘The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light; but if your eye is unhealthy, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!

‘No one can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth.

Here ends the reading.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

The Apostle’s Creed

Officiant Let us say together in faith

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate,
was crucified, died, and was buried. He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you
People And also with you.

Officiant and People **An alternative Lord's Prayer**

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Save your people, O God, and bless your inheritance;

R. govern and uphold us now and always.

V. Day by day we bless you

R. we praise your name forever.

V. O God, keep us without sin today;

R. have mercy on us, O God, have mercy.

V. Show us your love and mercy;

R. for we put our trust in you.

V. In you, O God, is our hope;

R. and we shall never hope in vain.

The Collects

The Collect of the Day

Officiant

Almighty God, whom truly to know is everlasting life: Grant us so perfectly to know your Son Jesus Christ to be the way, the truth, and the life, that we may steadfastly follow his steps in the way that leads to eternal life; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Together, led by Responder

For Healing Divisions

God of unity, heal our divided society. Help us to overcome the prejudices and biases that hinder justice. Teach us to love one another as You have loved us, transcending the boundaries that separate us. We thank You, O God, for being the source of unity and harmony in our midst. Amen.

During this time, one of our Abbey intercessors will offer our collective prayers for this community, the church, and the world.

Intercessor Lord in your mercy.

People: Hear our prayer.

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

The Officiant and People say together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;

through Jesus Christ our best vision ,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Dismissal

Deacon Let us bless God. Alleluia, Alleluia.

People To God be thanks forever. Alleluia, Alleluia.

The Officiant ends with a Concluding Sentence

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. Amen.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. Amen.



Liturgy created the following resources: Book of Common Prayer, Enriching Our Worship, Saint Helena Breviary and A New Zealand with Prayer Book, Common Worship Times and Seasons, Adapted from <https://www.gonzaga.edu/about/president-leadership/messagesmedia/2021/thoughts-and-prayers-daunte-wright-and-caron-nazario>