



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

MORNING PRAYER

Saturday, April 18, 2026

Week 2 in Eastertide

Juana Inés de la Cruz

Monastic and Theologian, 1695

Opening Sentence

The Officiant says the following

Thanks be to God, who gives us the victory through our Lord Jesus Christ. *1 Corinthians 15:57*

Invitatory and Psalter

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

All Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be forever. Amen. Alleluia.

Officiant Alleluia, Christ is shown forth in glory:

People O come, let us adore him, alleluia.

Said in unison **Christ our Passover** *Pascha nostrum*

1 Corinthians 5:7-8; Romans 6:9-11; 1 Corinthians 15:20-22

Alleluia.

Christ our Passover has been sacrificed for us; *

therefore let us keep the feast,

Not with the old leaven, the leaven of malice and evil, *

but with the unleavened bread of sincerity and truth. Alleluia.

Christ being raised from the dead will never die again; *

death no longer has dominion over him.

The death that he died, he died to sin, once for all; *

but the life he lives, he lives to God.
So also consider yourselves dead to sin, *
and alive to God in Jesus Christ our Lord. Alleluia.
Christ has been raised from the dead, *
the first fruits of those who have fallen asleep.
For since by a man came death, *
by a man has come also the resurrection of the dead.
For as in Adam all die, *
so also in Christ shall all be made alive. Alleluia.

Officiant Alleluia, Christ is risen indeed:
People O come, let us adore him, alleluia.

Psalm Appointed 20 & 21

Read responsively by whole verse

Psalm 20

1 May the Most High answer you in the day of trouble, *
the Name of the God of Jacob defend you;

2 Send you help from the holy place *
and strengthen you out of Zion;

3 Remember all your offerings *
and accept your burnt sacrifice;

4 Grant you your heart's desire *
and prosper all your plans.

5 We will shout for joy at your victory
and triumph in the Name of our God; *
may the Most High grant all your requests.

6 Now I know that God gives victory to the anointed one; *
out of the holy heaven God will answer,
with a strong and victorious right hand.

7 Some put their trust in chariots and some in horses, *
but we will call upon the Name of our God.

8 They collapse and fall down, *
but we will arise and stand upright.

9 O God, give victory to our sovereign, *
and answer us when we call.

Psalm 21

1 The king rejoices in your strength, O God; *
how greatly he exults in your victory!

2 You have given him his heart's desire; *
you have not denied him the request of his lips.

3 For you meet him with blessings of prosperity *
and set a crown of fine gold upon his head.

4 He asked you for life, and you gave it to him: *
length of days, for ever and ever.

5 His honor is great, because of your victory; *
splendor and majesty have you bestowed upon him.

6 For you will give him everlasting felicity *
and will make him glad with the joy of your presence.

7 For the king puts his trust in God; *
because of the loving-kindness of the Most High, he will not fall.

8 Your hand will lay hold upon all your enemies; *
your right hand will seize all those who hate you.

9 You will make them like a fiery furnace *

at the time of your appearing, O God.

10 You will swallow them up in your wrath, *
and fire shall consume them.

11 You will destroy their offspring from the land *
and their descendants from among the peoples of the earth.

12 Though they intend evil against you
and devise wicked schemes, *
yet they shall not prevail.

13 For you will put them to flight *
and aim your arrows at them.

14 Be exalted, O God, in your might; *
we will sing and praise your power.

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be forever. Amen.

The Lessons

First Reading

Reader A reading from **1 Peter 4:7-19**

The end of all things is near; therefore be serious and discipline yourselves for the sake of your prayers. Above all, maintain constant love for one another, for love covers a multitude of sins. Be hospitable to one another without complaining. Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received. Whoever speaks must do so as one speaking the very words of God; whoever serves must do so with the strength that God supplies, so that God may be glorified in all things through Jesus Christ. To him belong the glory and the power for ever and ever. Amen.

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice in so far as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you. But let none of you suffer as a murderer, a thief, a criminal, or even as a mischief-maker. Yet if any of you suffers as a Christian, do not consider it a disgrace, but glorify God because you bear this name. For the time has come for judgement to begin with the household of God; if it begins with us, what will be the end for those who do not obey the gospel of God? And 'If it is hard for the righteous to be saved, what will become of the ungodly and the sinners?' Therefore, let those suffering in accordance with God's will entrust themselves to a faithful Creator, while continuing to do good.

Here ends the reading.

read in unison **The Song of the Redeemed** *Revelation 15:3-4*

O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.
Your ways are ways of righteousness and truth, *
O King of all the ages.
Who can fail to do you homage, Lord, and sing the praises of your Name? *
for you only are the Holy One.
All nations will draw near and fall down before you, *
because your just and holy works have been revealed.

The Gospel

Reader: A reading from the **Gospel of John 16:16-33**

'A little while, and you will no longer see me, and again a little while, and you will see me.' Then some of his disciples said to one another, 'What does he mean by saying to us, "A little while, and you will no longer see me,

and again a little while, and you will see me”; and “Because I am going to the Father”?’ They said, ‘What does he mean by this “a little while”? We do not know what he is talking about.’ Jesus knew that they wanted to ask him, so he said to them, ‘Are you discussing among yourselves what I meant when I said, “A little while, and you will no longer see me, and again a little while, and you will see me”? Very truly, I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy. When a woman is in labour, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you. On that day you will ask nothing of me. Very truly, I tell you, if you ask anything of the Father in my name, he will give it to you. Until now you have not asked for anything in my name. Ask and you will receive, so that your joy may be complete.

‘I have said these things to you in figures of speech. The hour is coming when I will no longer speak to you in figures, but will tell you plainly of the Father. On that day you will ask in my name. I do not say to you that I will ask the Father on your behalf; for the Father himself loves you, because you have loved me and have believed that I came from God. I came from the Father and have come into the world; again, I am leaving the world and am going to the Father.’

His disciples said, ‘Yes, now you are speaking plainly, not in any figure of speech! Now we know that you know all things, and do not need to have anyone question you; by this we believe that you came from God.’ Jesus answered them, ‘Do you now believe? The hour is coming, indeed it has come, when you will be scattered, each one to his home, and you will leave me alone. Yet I am not alone because the Father is with me. I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!’

Here ends the reading.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

Affirmation of Faith

Together

We believe in one God, who is Creator,
maker of all we see and all we don't see;
Who is Ruler of the universe:
Source of all creation!

We believe in one God, who is Jesus Christ,
God from God, Light from Light, true God and true man.
He is one with the Creator; the Word made flesh, our Messiah:
Savior of all creation!

We believe in one God, who is Holy Spirit,
Breath of God moving among us.
Who is one with Creator; one with Christ; our Comforter and our Guide:
Mentor of all creation!

The Prayers

Officiant The Lord be with you
People And also with you.

Officiant and People **An alternative Lord's Prayer**

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Save your people, O God, and bless your inheritance;

R. govern and uphold us now and always.

V. Day by day we bless you

R. we praise your name forever.

V. O God, keep us without sin today;

R. have mercy on us, O God, have mercy.

V. Show us your love and mercy;

R. for we put our trust in you.

V. In you, O God, is our hope;

R. and we shall never hope in vain.

The Collects

The Collect of the Day

Officiant

Almighty God, Source of all knowledge, we give you thanks for the witness of your servant Juana Inés de la Cruz in her fierce passion for learning and creativity. Teach us to be faithful stewards of our minds and hearts, so that, following her example, we might forever proclaim the riches of your unending love in Jesus Christ our Lord. Through Jesus Christ who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. *Amen.*

A Collect for Saturdays

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. *Amen.*

Together

Give us grace and courage to hope,
and to risk disappointment.
Teach us to pray expectantly,
and when our prayers seem to fail,
bring us to pray again and again;
for you are our God,
who acts, and will act again.
Hear this prayer for your love's sake.
Amen.

During this time, one of our Abbey intercessors will offer our collective prayers for this community, the church, and the world.

Intercessor Lord in your mercy.
People: Hear our prayer.

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

The Officiant and People say together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;

for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our best vision ,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Dismissal

Deacon Let us bless God. Alleluia, Alleluia.

People To God be thanks forever. Alleluia, Alleluia.

The Officiant ends with a Concluding Sentence

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. Amen.

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen.

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. Amen.



Commemoration

Juana Inés de Asbaje y Ramirez de Santillana was born the illegitimate daughter of a Spanish captain and a creole woman on November 12, 1648, in the town of San Miguel Nepantla near Mexico City, Mexico.

Raised by her grandparents in Amecameca, Juana Inés established herself from a young age as a talented thinker and writer. She is reported to have learned to read and write by the age of three, to do accounting by the age of five, to compose religious poetry by the age of eight, to teach Latin to children by age thirteen, and to master Greek logic by adolescence.

Prevented from university studies in Mexico City because she was a woman, Juana Inés continued to study privately while serving as a lady-in-waiting to the Vicereine Leonor Carreto, who also served as Juana Inés' tutor, confidant, and friend. By the time she was seventeen, Juana Inés was able to sit before a tribunal of theologians, philosophers, justices, and poets to defend her knowledge and skill, thus expanding her renown as a scholar and a poet.

Juana Inés spent a short time in 1667 living in a cloistered monastery of Carmelite nuns, but found the community's discipline too severe to allow her academic and creative genius room to grow. In 1669 Juana Inés entered the monastery of the Order of Saint Jerome, a more relaxed community, and took the religious name Sor Juana Inés de la Cruz (Sister Joan Agnes of the Cross in English).

Sor Juana Inés' literary career blossomed in the monastery, which drew both the affirmation and ire of ecclesiastical and secular society. Her detractors insisted that a nun had no business writing about secular studies such as philosophy or natural science, while her admirers praised her concise theories and elegant prose. In the midst of a very public intellectual career, Sor Juana Inés managed to balance religious devotion and life in

community. She is claimed to have said: “One can perfectly well philosophize while cooking supper.”

Giving in to threats of official ecclesiastical censure, Sor Juana Inés stopped publishing her writing by 1693. Following her retirement from public intellectual life, Sor Juana Inés is reported to have sold her collection of musical and scientific instruments, as well as her library of more than 4,000 books. Of her extensive correspondence and publications, only a few of her writings have survived but she is hailed by contemporary critics as a major figure in indigenous Mexican literature.

Sor Juana Inés de la Cruz died on April 17, 1695, while serving her religious community during an outbreak of the plague.

—Lesser Feasts and Fasts 2022 Church Publishing

Liturgy created the following resources: Book of Common Prayer, Enriching Our Worship, Saint Helena Breviary and A New Zealand with Prayer Book, Common Worship Times and Seasons, Adapted from <https://www.gonzaga.edu/about/president-leadership/messagesmedia/2021/thoughts-and-prayers-daunte-wright-and-caron-nazario>