



A ministry and community of prayer of
The Episcopal Diocese of Vermont

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

The Order of Compline
Ordinary Time
Tuesday & Friday

The Officiant begins

May God Almighty grant us a peaceful night and a perfect end. *Amen.*

Officiant Our help is in the Name of the Holy One;

People The maker of heaven and earth.

The Officiant may then say

Let us confess our sins to God.

Silence is kept.

Officiant and People

God of all mercy,

we confess that we have sinned against you,
opposing your will in our lives.

We have denied your goodness in each other,
in ourselves, and in the world you have created.

We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.

Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

Officiant

May the Almighty God grant us forgiveness of all our sins, and the grace
and comfort of the Holy Spirit. *Amen.*

The Officiant then says

O God, make speed to save us.

People O God, make haste to help us.

All Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

In unison **Psalm 4** *Cum invocarem*

- 1 Answer me when I call, O God, defender of my cause; *
you set me free when I am hard-pressed;
have mercy on me and hear my prayer.
- 2 "You mortals, how long will you dishonor my glory; *
how long will you worship dumb idols
and run after false gods?"
- 3 Know that the LORD does wonders for the faithful; *
when I call upon the LORD, he will hear me.
- 4 Tremble, then, and do not sin; *
speak to your heart in silence upon your bed.
- 5 Offer the appointed sacrifices *
and put your trust in the LORD.
- 6 Many are saying,
"Oh, that we might see better times!" *
Lift up the light of your countenance upon us, O LORD.
- 7 You have put gladness in my heart, *
more than when grain and wine and oil increase.
- 8 I lie down in peace; at once I fall asleep; *
for only you, LORD, make me dwell in safety.

Psalm 134 *Ecce nunc*

- 1 Behold now, bless God, all you servants of God, *
you that stand by night in the house of God.
- 2 Lift up your hands in the holy place and bless God; *
God who made heaven and earth bless you out of Zion.

At the end of the Psalm is said

Glory to the holy and undivided Trinity, one God:

as it was in the beginning, is now, and will be for ever. Amen.

Scripture is read

Be sober, be watchful. For your adversary the devil roams about like a roaring lion, seeking someone to devour. Stand up to the Devil as one strong in faith. *I Peter 5:8-9a*

People Thanks be to God.

V. Into your hands, O God, I commend my spirit;

R. For you have redeemed me, O God of truth.

V. Keep us, O God, as the apple of your eye;

R. Hide us under the shadow of your wings.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

Our loving God in heaven,

holy is your Name,

may your reign come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

Officiant God, hear our prayer;

People And let our cry come to you.

Officiant Let us pray.

Officiant

Keep watch, dear God, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, O Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. *Amen.*

Together, led by the Responder

For dismantling racism

Blessed Jesus, You revealed God through your wise words and loving deeds, and we encounter you still today in the faces of those whom society has pushed to the margins. Guide us, through the love you revealed, to establish the justice you proclaimed, that all people might dwell in harmony and peace, united by that one love that binds us to each other, and to you. Amen.

*Silence may be kept, and free intercessions and thanksgivings may be offered. **Please unmute yourself if you wish to share your prayer aloud. Remember to return your microphone to mute when you have completed your prayer.***

Officiant: Lord in Your mercy,

Responder: Hear our prayer.

O God, your unfailing providence sustains the world we live in and the life we live: Watch over those, both night and day, who work while others sleep, and grant that we may never forget that our common life depends upon each other's toil; through Jesus Christ our Lord. Amen.

The Song of Simeon and antiphon

Together, led by Responder

Antiphon

Guide us waking, O God, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

O God, you now have set your servant free *

to go in peace as you have promised;

For these eyes of mine have seen the Savior, *
whom you have prepared for all the world to see:

A Light to enlighten the nations, *
and the glory of your people Israel.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Antiphon

Guide us waking, O God, and guard us sleeping; that awake we may watch
with Christ, and asleep we may rest in peace.

Officiant May the divine help remain with us always.

People And with those who are absent from us.

The Officiant concludes

The almighty and merciful God, Creator, Redeemer and Sustainer, bless us
and keep us. *Amen.*

Liturgy created with the following resources

*Book of Common Prayer, Enriching Our Worship, St. Helena Breviary, The
Inclusive Bible,*