



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

MORNING PRAYER

Monday, May 25, 2026
Ordinary Time, Proper 3
Bede, the Venerable
Priest, Monk of Jarrow,
and Historian, 735

Opening Sentence

The Officiant says the following

Through Jesus let us continually offer up a sacrifice of praise to God, the fruit of lips that acknowledge God's name. *Hebrews 13:15*

Invitatory Rite

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

All Glory be to God, sustaining, redeeming, sanctifying,
as in the beginning, so now and for ever. Amen.

Officiant Our God orders all things well:

People Come, let us worship.

Said in unison **Jubilate** *Psalm 100*

May all lands be joyful before you, O God, *
serve with gladness

and come before your presence with a song.

For we know that you are God; *

you yourself have made us, and we are yours;

we are your people and the sheep of your pasture.

We shall enter your gates with thanksgiving,

go into your courts with praise, *
give thanks to you and call upon your Name.

For you are good; your mercy is everlasting; *
and your faithfulness endures from age to age.

Officiant Our God orders all things well:
People Come, let us worship.

Psalm Appointed 25

Read responsively by whole verse

1 To you, O God, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.

3 Show me your ways, O God, *
and teach me your paths.

4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

5 Remember, O God, your compassion and love, *
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O God.

7 Gracious and upright are you; *
therefore you teach sinners in your way.

8 You guide the humble in doing right *
and teach your way to the lowly.

9 All your paths are love and faithfulness *
to those who keep your covenant and your testimonies.

10 For your Name's sake, O God, *
forgive my sin, for it is great.

11 Who are they who fear you? *
You will teach them the way that they should choose.

12 They shall dwell in prosperity, *
and their offspring shall inherit the land.

13 You are a friend to those who fear you *
and will show them your covenant.

14 My eyes are ever looking to you, *
for you shall pluck my feet out of the net.

15 Turn to me and have pity on me, *
for I am left alone and in misery.

16 The sorrows of my heart have increased; *
bring me out of my troubles.

17 Look upon my adversity and misery *
and forgive me all my sin.

18 Look upon my enemies, for they are many, *
and they bear a violent hatred against me.

19 Protect my life and deliver me; *
let me not be put to shame, for I have trusted in you.

20 Let integrity and uprightness preserve me, *
for my hope has been in you.

21 Deliver the people of Israel, O God, *
out of all their troubles.

Glory be to God, sustaining, redeeming, sanctifying,
as in the beginning, so now and for ever. Amen..

The Lessons

First Reading

Reader A reading from **1 Timothy 1:1-17**

Paul, an apostle of Christ Jesus by the command of God our Saviour and
of Christ Jesus our hope,

To Timothy, my loyal child in the faith:

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

I urge you, as I did when I was on my way to Macedonia, to remain in
Ephesus so that you may instruct certain people not to teach any different
doctrine, and not to occupy themselves with myths and endless genealogies
that promote speculations rather than the divine training that is known by
faith. But the aim of such instruction is love that comes from a pure heart,
a good conscience, and sincere faith. Some people have deviated from
these and turned to meaningless talk, desiring to be teachers of the law,
without understanding either what they are saying or the things about
which they make assertions.

Now we know that the law is good, if one uses it legitimately. This means
understanding that the law is laid down not for the innocent but for the
lawless and disobedient, for the godless and sinful, for the unholy and
profane, for those who kill their father or mother, for murderers,
fornicators, sodomites, slave-traders, liars, perjurers, and whatever else is
contrary to the sound teaching that conforms to the glorious gospel of the
blessed God, which he entrusted to me.

I am grateful to Christ Jesus our Lord, who has strengthened me, because he judged me faithful and appointed me to his service, even though I was formerly a blasphemer, a persecutor, and a man of violence. But I received mercy because I had acted ignorantly in unbelief, and the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus. The saying is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners—of whom I am the foremost. But for that very reason I received mercy, so that in me, as the foremost, Jesus Christ might display the utmost patience, making me an example to those who would come to believe in him for eternal life. To the King of the ages, immortal, invisible, the only God, be honour and glory for ever and ever. Amen.

Reader Here ends the reading.

Read in unison **Life in the Spirit** *based on Romans 8:2, 14–19*

In Christ the life-giving law of the Spirit:
has set us free from the law of sin and death.

All who are led by the Spirit of God are children of God:
it is the Spirit that enables us to cry, Abba, Father.

The Spirit confirms that we are God's children:
and if children then we are heirs.

We are heirs of God, and fellow heirs with Christ:
if we share his suffering now,
in order to share his splendor hereafter.

The sufferings we now endure:
bear no comparison with the splendor
to be shown to us.

The created universe itself waits with eager longing:
for the children of God to be revealed.

The Gospel

Reader A reading from the **Gospel of Matthew 12:22-32**

Then they brought to him a demoniac who was blind and mute; and he cured him, so that the one who had been mute could speak and see. All the crowds were amazed and said, 'Can this be the Son of David?' But when the Pharisees heard it, they said, 'It is only by Beelzebul, the ruler of the demons, that this fellow casts out the demons.' He knew what they were thinking and said to them, 'Every kingdom divided against itself is laid waste, and no city or house divided against itself will stand. If Satan casts out Satan, he is divided against himself; how then will his kingdom stand? If I cast out demons by Beelzebul, by whom do your own exorcists cast them out? Therefore they will be your judges. But if it is by the Spirit of God that I cast out demons, then the kingdom of God has come to you. Or how can one enter a strong man's house and plunder his property, without first tying up the strong man? Then indeed the house can be plundered. Whoever is not with me is against me, and whoever does not gather with me scatters. Therefore I tell you, people will be forgiven for every sin and blasphemy, but blasphemy against the Spirit will not be forgiven. Whoever speaks a word against the Son of Man will be forgiven, but whoever speaks against the Holy Spirit will not be forgiven, either in this age or in the age to come.

Reader Here ends the reading.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

Apostles Creed

Officiant Let us declare our faith in the resurrection and reign of Christ:

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant God be with you.
People And also with you.
Officiant Let us pray.

Together

An alternative Lord's Prayer

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Save your people, O God, and bless your inheritance;
R. govern and uphold us now and always.
V. Day by day we bless you
R. we praise your name forever.
V. O God, keep us without sin today;
R. have mercy on us, O God, have mercy.
V. Show us your love and mercy;
R. for we put our trust in you.
V. In you, O God, is our hope;
R. and we shall never hope in vain.

The Collects

The Collect of the Day

Officiant

Almighty God, who has enriched your church with the learning and holiness of your servant Bede: Grant us to find in Scripture and disciplined prayer the image of your Son our Savior Jesus Christ, and to fashion our lives according to his likeness, to the glory of your great Name and to the benefit of your holy church; through the same Jesus Christ our Lord.

Amen.

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Led by Responder

For People Facing Uncertainty

God of the present moment, God who in Jesus stills the storm and soothes the frantic heart; bring hope and courage to us all as we wait in uncertainty. Bring hope that you will make us the equal of whatever lies ahead. Bring us courage to endure what cannot be avoided, for your will is health and wholeness; you are God, and we need you. Amen.

The Officiant says

I invite your prayers of thanksgiving and intercession at this time.

*(During the silence people may add their own prayers. **Please unmute yourself to share your prayer aloud. When you have completed your prayer, return the microphone to mute.**)*

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

A Litany of Thanksgiving

Let us give thanks to God our Creator for all gifts so freely bestowed upon us.

For the beauty and wonder of your creation, in earth and sky and sea.

We thank you, God.

For all that is gracious in the lives of all peoples, revealing the image of Christ,

We thank you, God.

For our daily food and drink, our homes and families, and our friends,

We thank you, God.

For minds to think, and hearts to love, and hands to serve,
We thank you, God.

For health and strength to work, and leisure to rest and play,
We thank you, God.

For the brave and courageous, who are patient in suffering
and faithful in adversity,
We thank you, God.

For all valiant seekers after truth, liberty, and justice,
We thank you, God.

For the communion of saints, in all times and places,
We thank you, God.

Above all, we give you thanks for the great mercies and
promises given to us in Christ Jesus our Redeemer;
*To him be praise and glory, with you, O Creator, and the
Holy Spirit, now and for ever. Amen.*

Together

God of work and rest and pleasure, Grant that what we do today may be
for us an offering rather than a burden; And for those we serve, may it be
the help they need. Amen.

Dismissal

Deacon Let us bless God.

People To God be thanks forever.

Concluding Sentences

Officiant says one of the following

The grace of our Savior Jesus Christ, and the love of God, and the
communion of the Holy Spirit, be with us all evermore. *Amen.*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. *Amen.*

Commemoration

At the age of seven, Bede's parents brought him to the nearby monastery at Jarrow (near Durham in northeast England) for his education.

There, as he later wrote, "spending all the remaining time of my life . . . I wholly applied myself to the study of Scripture, and amidst

the observance of regular discipline, and the daily care of singing in the church, I always took delight in learning, teaching, and writing." Bede was ordained as a deacon at nineteen, and as a priest at thirty.

Bede was the greatest scholar of his day in the Western church. He wrote commentaries on the Scriptures based on patristic interpretations. His treatise on chronology remained standard for centuries. He also wrote on orthography, poetic meter, and especially on history. His most famous work, *The Ecclesiastical History of the English People*, remains the primary source for the period from 597 to 731, when Anglo-Saxon culture developed and Christianity triumphed.

Bede took his vocation as a historian seriously. He consulted many documents, carefully evaluated their reliability, and cited his sources. His interpretations were largely balanced and judicious. He also wrote *The History of the Abbots* (of Wearmouth and Jarrow), and a notable biography of Cuthbert, both in prose and in verse.

He died on the eve of the Ascension in 735 while dictating a vernacular translation of the Gospel of John. Around 1020, his body was removed to Durham and placed in the Lady Chapel at the west end of the cathedral nave. Together with Cuthbert, who is also buried in the cathedral, he

remains beloved by the Christian community in Durham and by pilgrims from around the world.

—Lesser Feasts and Fasts 2022 Church Publishing

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