



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

MORNING PRAYER

Wednesday, June 17, 2026

Ordinary Time, Proper 6

Marina the Monk

Monastic, fifth century

Opening Sentence

The Officiant says the following

You are worthy, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created.

Revelation 4:11

Invitatory Rite

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

All Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Officiant Let the peoples praise you, O God;

People let all the peoples praise you

Said in unison **Invitatory Psalm 67:1-5**

O God, be merciful to us and bless us, *

show us the light of your countenance and come to us.

Let your ways be known upon earth, *

your saving health among all nations.

Let the peoples praise you, O God; *

let all the peoples praise you.

Let the nations be glad and sing for joy, *

for you judge the peoples with equity and guide all the nations upon earth.

Let the peoples praise you, O God; *
let all the peoples praise you.

Officiant Let the peoples praise you, O God;
People let all the peoples praise you

Psalm Appointed 119:97-120

Read responsively by whole verse

97 Oh, how I love your law; *
all the day long it is in my mind.

98 Your commandment has made me wiser than my enemies, *
and it is always with me.

99 I have more understanding than all my teachers, *
for your decrees are my study.

100 I am wiser than the elders, *
because I observe your commandments.

101 I restrain my feet from every evil way, *
that I may keep your word.

102 I do not shrink from your judgments, *
because you yourself have taught me.

103 How sweet are your words to my taste; *
they are sweeter than honey to my mouth.

104 Through your commandments I gain understanding; *
therefore I hate every lying way.

105 Your word is a lantern to my feet *
and a light upon my path.

106 I have sworn and am determined *

to keep your righteous judgments.

107 I am deeply troubled; *
preserve my life, O God, according to your word.

108 Accept, O God, the willing tribute of my lips, *
and teach me your judgments.

109 My life is always in my hand, *
yet I do not forget your law.

110 The wicked have set a trap for me, *
but I have not strayed from your commandments.

111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes *
for ever and to the end.

113 I hate those who have a divided heart, *
but your law do I love.

114 You are my refuge and shield; *
my hope is in your word.

115 Away from me, you wicked! *
I will keep the commandments of my God.

116 Sustain me according to your promise, that I may live, *
and let me not be disappointed in my hope.

117 Hold me up, and I shall be safe, *
and my delight shall be ever in your statutes.

118 You spurn all who stray from your statutes; *

their deceitfulness is in vain.

119 In your sight all the wicked of the earth are but dross; *
therefore I love your decrees.

120 My flesh trembles with dread of you; *
I am afraid of your judgments.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

First Reading

Reader A reading from **Romans 1:28-2:11**

And since they did not see fit to acknowledge God, God gave them up to a debased mind and to things that should not be done. They were filled with every kind of wickedness, evil, covetousness, malice. Full of envy, murder, strife, deceit, craftiness, they are gossips, slanderers, God-haters, insolent, haughty, boastful, inventors of evil, rebellious towards parents, foolish, faithless, heartless, ruthless. They know God's decree, that those who practice such things deserve to die—yet they not only do them but even applaud others who practice them.

Therefore you have no excuse, whoever you are, when you judge others; for in passing judgement on another you condemn yourself, because you, the judge, are doing the very same things. You say, 'We know that God's judgement on those who do such things is in accordance with truth.' Do you imagine, whoever you are, that when you judge those who do such things and yet do them yourself, you will escape the judgement of God? Or do you despise the riches of his kindness and forbearance and patience? Do you not realize that God's kindness is meant to lead you to repentance? But by your hard and impenitent heart you are storing up wrath for yourself on the day of wrath, when God's righteous judgement will be revealed. For he will repay according to each one's deeds: to those who by patiently doing good seek for glory and honor and immortality, he will give

eternal life; while for those who are self-seeking and who obey not the truth but wickedness, there will be wrath and fury. There will be anguish and distress for everyone who does evil, the Jew first and also the Greek, but glory and honor and peace for everyone who does good, the Jew first and also the Greek. For God shows no partiality.

Reader Here ends the reading.

read in unison **Benedictus** *Luke 1: 68-79*

Blest are you, O God of Israel; *

you have come to your people and set them free.

You have raised up for us a mighty Savior, *

born of the house of your servant David.

Through your holy prophets you promised of old,

that you would save us from our enemies, *

from the hands of all who hate us.

You promised to show mercy to our forebears *

and to remember your holy covenant.

This was the oath you swore to Sarah and Abraham, *

to set us free from the hands of our enemies,

Free to worship you without fear, *

holy and righteous before you

all the days of our life.

And you, child, shall be called the prophet of the Most High, *

for you will go before the Promised One to prepare the way,

To give all people knowledge of salvation, *

by the forgiveness of their sins.

In the tender compassion of our God, *

the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death, *

and to guide our feet into the way of peace.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

The Gospel

Reader A reading from the **Gospel of Matthew 18:1-9**

At that time the disciples came to Jesus and asked, ‘Who is the greatest in the kingdom of heaven?’ He called a child, whom he put among them, and said, ‘Truly I tell you, unless you change and become like children, you will never enter the kingdom of heaven. Whoever becomes humble like this child is the greatest in the kingdom of heaven. Whoever welcomes one such child in my name welcomes me.

‘If any of you put a stumbling-block before one of these little ones who believe in me, it would be better for you if a great millstone were fastened around your neck and you were drowned in the depth of the sea. Woe to the world because of stumbling-blocks! Occasions for stumbling are bound to come, but woe to the one by whom the stumbling-block comes!

‘If your hand or your foot causes you to stumble, cut it off and throw it away; it is better for you to enter life maimed or lame than to have two hands or two feet and to be thrown into the eternal fire. And if your eye causes you to stumble, tear it out and throw it away; it is better for you to enter life with one eye than to have two eyes and to be thrown into the hell of fire.

Reader Here ends the reading.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

Affirmation of Faith

Officiant Let us declare our faith in the resurrection and reign of Christ:

Together

We believe in one God, who is Creator,
maker of all we see and all we don't see;
Who is Ruler of the universe:
Source of all creation!

We believe in one God, who is Jesus Christ,

God from God, Light from Light, true God and true human.
He is one with the Creator; the Word made flesh, our Messiah:
Savior of all creation!

We believe in one God, who is Holy Spirit,
Breath of God moving among us.
Who is one with Creator; one with Christ; our Comforter and our Guide:
Mentor of all creation!

The Prayers

Officiant God be with you.
People And also with you.
Officiant Let us pray.

Together

An alternative Lord's Prayer

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,
and the glory are yours,
now and for ever. Amen.

Suffrages

V. Help us, O God our Savior;
R. Deliver us and forgive us our sins.

V. Look upon your congregation;
R. Give to your people the blessing of peace.
V. Declare your glory among the nations;
R. And your wonders among all peoples.
V. Do not let the oppressed be shamed and turned away;
R. Never forget the lives of your poor.
V. Continue your loving-kindness to those who know you;
R. And your favor to those who are true of heart.
V. Satisfy us by your loving-kindness in the morning;
R. So shall we rejoice and be glad all the days of our life.

The Collects

The Collect of the Day

Officiant

Give us grace, Lord God, to refrain from judgments about the sins of others; that, like your servant Marina the Monk, we may hold fast to the path of discipleship in the midst of unjust judgments; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Together, Led by Responder

A Collect for Social Justice and Peace

Almighty God, source of true justice and peace, in you there is no distinction of persons, for in you we are equally loved. Reconcile us that we may live and work with each other and with you to establish your reign on earth where there is no poverty, war, or any oppression, through Jesus Christ, our Savior. Amen.

During this time, one of our Abbey intercessors will offer our collective prayers for this community, the church, and the world.

The Intercessor concludes: Lord in your mercy.

People: Hear our prayer.

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

Together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our best vision,

to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Together

Eternal God,
Grant to us this day and every day,
Such readiness and delight in following Christ,
That whether our lives are short or long,
We shall have lived abundantly. Amen.

Dismissal

Deacon Let us bless God.

People To God be thanks forever.

Concluding Sentences

Officiant says one of the following

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. *Amen.*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. *Amen.*

Commemoration

Marina was born in present-day Lebanon, in the fifth century. She was the only child of her parents, and her mother died when she was still a young girl. Her father refused to remarry, and instead raised her himself until she was a teenager. At that point, he hoped to find her a husband and then retire to live the life of a monk.

Marina, however, rejected this plan, saying: “Why would you save your own soul at the cost of destroying mine?” Instead, she shaved off her hair and exchanged her clothing for men’s clothes. When her father saw her

determination, he relented. Selling all of their possessions, they went together to the monastic settlement in the Qadisha Valley, where he introduced her as his son “Marinos.”

After ten years of living the monastic life together, the father died. Marinos continued to live at the monastery without revealing his identity to anyone. In time, however, a local girl who had become pregnant accused Marinos of fathering her child. Rather than respond to this accusation with the obvious denial, Marinos accepted responsibility rather than reveal his secret or subject the girl to further reproach. When the child was born, the infant was given to Marinos to raise at the monastery, and he accepted the boy as though he were truly his own son, and bore patiently all of the scorn and abuse that the other monks heaped upon him for his alleged violation of his monastic vows.

After many years Marinos also died, and it was only when the monks went to prepare the body for burial that they discovered it was actually the body of a woman, who had obviously been innocent of the accusation of having fathered a child. The monks and villagers lamented their false accusation and judgment, and after their repentance many miracles were performed at Marina’s tomb.

While some aspects of this story may be legendary, there are numerous accounts in early Christianity of women disguising themselves as men and entering male monasteries, and this is one of the examples that is considered to be the most historically reliable.

Marina/Marinos is particularly venerated today in Lebanon, Cyprus, and Italy, usually under the name of “Marina the Monk.”

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Liturgy created with the following resources: Book of Common Prayer, Enriching

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