



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder.

If you would like to add to our prayer list, please email Vicar adwoa Wilson at awilson@diovermont.org.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

MORNING PRAYER

Saturday, June 20, 2026
Ordinary Time, Proper 6

Opening Sentence

The Officiant says the following

You are worthy, our Lord and God, to receive glory and honor and power, for you created all things, and by your will they existed and were created.

Revelation 4:11

Invitatory Rite

Officiant O God, open our lips.

People And our mouth shall proclaim your praise.

All Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

Officiant Let the peoples praise you, O God;

People let all the peoples praise you

Said in unison **Invitatory Psalm 67:1-5**

O God, be merciful to us and bless us, *

show us the light of your countenance and come to us.

Let your ways be known upon earth, *

your saving health among all nations.

Let the peoples praise you, O God; *

let all the peoples praise you.

Let the nations be glad and sing for joy, *

for you judge the peoples with equity and guide all the nations upon earth.

Let the peoples praise you, O God; *

let all the peoples praise you.

Officiant Let the peoples praise you, O God;
People let all the peoples praise you

Psalms Appointed 87 & 90

Read responsively by whole verse

Psalm 87

1 On the holy mountain stands the city God has founded; *
God loves the gates of Zion
more than all the dwellings of Jacob.

2 Glorious things are spoken of you, *
O city of our God.

3 I count Egypt and Babylon among those who know me; *
behold Philistia, Tyre, and Ethiopia:
in Zion were they born.

4 Of Zion it shall be said, "Everyone was born there, *
and the Most High God shall sustain it."

5 God will record in the roll of the peoples, *
"These also were born there."

6 The singers and the dancers will say, *
"All my fresh springs are in you."

Psalm 90

1 O God, you have been our refuge *
from one generation to another.

2 Before the mountains were brought forth,
or the land and the earth were born, *
from age to age you are God.

3 You turn us back to the dust and say, *

“Go back, O child of earth.”

4 For a thousand years in your sight are like yesterday when it is past *
and like a watch in the night.

5 You sweep us away like a dream; *
we fade away suddenly like the grass.

6 In the morning it is green and flourishes; *
in the evening it is dried up and withered.

7 For we consume away in your displeasure; *
we are afraid because of your wrathful indignation.

8 Our iniquities you have set before you *
and our secret sins in the light of your countenance.

9 When you are angry, all our days are gone; *
we bring our years to an end like a sigh.

10 The span of our life is seventy years,
perhaps in strength even eighty; *
yet the sum of them is but labor and sorrow,
for they pass away quickly and we are gone.

11 Who regards the power of your wrath; *
who rightly fears your indignation?

12 So teach us to number our days *
that we may apply our hearts to wisdom.

13 Return, O God; how long will you tarry? *
Be gracious to your servants.

14 Satisfy us by your loving-kindness in the morning; *

so shall we rejoice and be glad all the days of our life.

15 Make us glad by the measure of the days that you afflicted us *
and the years in which we suffered adversity.

16 Show your servants your works *
and your splendor to their children.

17 May the graciousness of our God be upon us; *
prosper the work of our hands;
prosper our handiwork.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

First Reading

Reader A reading from **Romans 3:9-20**

What then? Are we any better off? No, not at all; for we have already charged that all, both Jews and Greeks, are under the power of sin, as it is written:

‘There is no one who is righteous, not even one;
there is no one who has understanding,
there is no one who seeks God.

All have turned aside, together they have become worthless;
there is no one who shows kindness,
there is not even one.’

‘Their throats are opened graves;
they use their tongues to deceive.’

‘The venom of vipers is under their lips.’

‘Their mouths are full of cursing and bitterness.’

‘Their feet are swift to shed blood;
ruin and misery are in their paths,
and the way of peace they have not known.’

‘There is no fear of God before their eyes.’

Now we know that whatever the law says, it speaks to those who are under the law, so that every mouth may be silenced, and the whole world may be held accountable to God. For 'no human being will be justified in his sight' by deeds prescribed by the law, for through the law comes the knowledge of sin.

Reader Here ends the reading.

read in unison **Benedictus** *Luke 1: 68-79*

Blest are you, O God of Israel; *

you have come to your people and set them free.

You have raised up for us a mighty Savior, *

born of the house of your servant David.

Through your holy prophets you promised of old,

that you would save us from our enemies, *

from the hands of all who hate us.

You promised to show mercy to our forebears *

and to remember your holy covenant.

This was the oath you swore to Sarah and Abraham, *

to set us free from the hands of our enemies,

Free to worship you without fear, *

holy and righteous before you

all the days of our life.

And you, child, shall be called the prophet of the Most High, *

for you will go before the Promised One to prepare the way,

To give all people knowledge of salvation, *

by the forgiveness of their sins.

In the tender compassion of our God, *

the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death, *

and to guide our feet into the way of peace.

Glory to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be for ever. Amen.

The Gospel

Reader A reading from the **Gospel of Matthew 19:1-12**

When Jesus had finished saying these things, he left Galilee and went to the region of Judea beyond the Jordan. Large crowds followed him, and he cured them there.

Some Pharisees came to him, and to test him they asked, ‘Is it lawful for a man to divorce his wife for any cause?’ He answered, ‘Have you not read that the one who made them at the beginning “made them male and female”, and said, “For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh”? So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.’ They said to him, ‘Why then did Moses command us to give a certificate of dismissal and to divorce her?’ He said to them, ‘It was because you were so hard-hearted that Moses allowed you to divorce your wives, but at the beginning it was not so. And I say to you, whoever divorces his wife, except for unchastity, and marries another commits adultery.’

His disciples said to him, ‘If such is the case of a man with his wife, it is better not to marry.’ But he said to them, ‘Not everyone can accept this teaching, but only those to whom it is given. For there are eunuchs who have been so from birth, and there are eunuchs who have been made eunuchs by others, and there are eunuchs who have made themselves eunuchs for the sake of the kingdom of heaven. Let anyone accept this who can.’

Reader Here ends the reading.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

Affirmation of Faith

Officiant Let us declare our faith in the resurrection and reign of Christ:

Together

We believe in one God, who is Creator,
maker of all we see and all we don't see;
Who is Ruler of the universe:
Source of all creation!

We believe in one God, who is Jesus Christ,
God from God, Light from Light, true God and true human.
He is one with the Creator; the Word made flesh, our Messiah:
Savior of all creation!

We believe in one God, who is Holy Spirit,
Breath of God moving among us.
Who is one with Creator; one with Christ; our Comforter and our Guide:
Mentor of all creation!

The Prayers

Officiant God be with you.
People And also with you.
Officiant Let us pray.

Together

An alternative Lord's Prayer

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,

and the glory are yours,
now and for ever. Amen.

Suffrages

V. Help us, O God our Savior;

R. Deliver us and forgive us our sins.

V. Look upon your congregation;

R. Give to your people the blessing of peace.

V. Declare your glory among the nations;

R. And your wonders among all peoples.

V. Do not let the oppressed be shamed and turned away;

R. Never forget the lives of your poor.

V. Continue your loving-kindness to those who know you;

R. And your favor to those who are true of heart.

V. Satisfy us by your loving-kindness in the morning;

R. So shall we rejoice and be glad all the days of our life.

The Collects

The Collect of the Day

Officiant

Keep, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

A Collect for Saturday

Almighty God, who after the creation of the world rested from all your works and sanctified a day of rest for all your creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of your sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to your people in heaven; through Jesus Christ our Lord. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Together, Led by Responder

A Collect for Social Justice and Peace

Almighty God, source of true justice and peace, in you there is no distinction of persons, for in you we are equally loved. Reconcile us that we may live and work with each other and with you to establish your reign on earth where there is no poverty, war, or any oppression, through Jesus Christ, our Savior. Amen.

During this time, one of our Abbey intercessors will offer our collective prayers for this community, the church, and the world.

The Intercessor concludes: Lord in your mercy.

People: Hear our prayer.

The Officiant concludes with the Collect for Mission

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

Together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,

and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our best vision,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Together

Eternal God,
Grant to us this day and every day,
Such readiness and delight in following Christ,
That whether our lives are short or long,
We shall have lived abundantly. Amen.

Dismissal

Deacon Let us bless God.
People To God be thanks forever.

Concluding Sentences

Officiant says one of the following

The grace of our Savior Jesus Christ, and the love of God, and the
communion of the Holy Spirit, be with us all evermore. *Amen.*

May the God of hope fill us with all joy and peace in believing through the
power of the Holy Spirit. *Amen.*

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. *Amen.*

Liturgy created with the following resources: Book of Common Prayer, Enriching Our Worship, Saint Helena Breviary, A New Zealand Prayer Book and The Inclusive Bible, https://prayer.forwardmovement.org/prayers_and_thanksgivings.php#T7 Affirmation of Faith: copyright © Lisa Frenz, on Lisa's Liturgies. 'Copyright Lisa Frenz. All Rights Reserved. Used with permission.'