



*A ministry and community of prayer of
The Episcopal Diocese of Vermont*

A few notes about our service:

The Green Mountain Online Abbey is a community of liturgical prayer that uses a range of resources approved by the Anglican communion and our Bishop. Within the liturgy, we offer intercessions on behalf of the community, the church, and the world. At some services, the leader will invite personal intercession, at which time you are welcome to unmute and offer your own biddings. Otherwise, please keep your microphone muted as you pray with the responder. Each service is preceded by 3 minutes silence.

If you would like to add to our prayer list, please email Winnie Grace at wingrace1@gmail.com.

As an Abbey, we also offer formation in Scripture, Anglican tradition, and the spiritual life. With some occasional or seasonal omissions, these offerings occur on Saturday mornings for 30-60 minutes, immediately following 8:00 am prayer.

Welcome!

MORNING PRAYER

Friday, August 14, 2026
Ordinary Time, Proper 14
Jonathan Myrick Daniels
Martyr, 1965

Opening Sentence

Officiant

May the words of my mouth and the thoughts of my heart be pleasing in your sight, O God, my rock and my redeemer. *Psalm 19:14*

Invitatory and Psalter

Officiant

O God, open our lips.

People

And our mouth shall proclaim your praise.

All

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be forever. Amen. Alleluia

Officiant

Our God has redeemed the world:

People

Come, let us worship.

Said in unison **Jubilate** *Psalm 100*

May all lands be joyful before you, O God, *
serve with gladness

and come before your presence with a song.

For we know that you are God; *

you yourself have made us, and we are yours;

we are your people and the sheep of your pasture.

We shall enter your gates with thanksgiving,

go into your courts with praise, *

give thanks to you and call upon your Name.

For you are good; your mercy is everlasting; *
and your faithfulness endures from age to age.

Officiant Our God has redeemed the world:
People Come, let us worship.

Psalm Appointed 102

Read responsively by whole verse

1 O God, hear my prayer, and let my cry come before you; *
hide not your face from me in the day of my trouble.

2 Incline your ear to me; *
when I call, make haste to answer me,

3 For my days drift away like smoke, *
and my bones are hot as burning coals.

4 My heart is smitten like grass and withered, *
so that I forget to eat my bread.

5 Because of the voice of my groaning, *
I am but skin and bones.

6 I have become like a vulture in the wilderness, *
like an owl among the ruins.

7 I lie awake and groan; *
I am like a sparrow, lonely on a house-top.

8 My enemies revile me all day long, *
and those who scoff at me have taken an oath against me.

9 For I have eaten ashes for bread *
and mingled my drink with weeping.

10 Because of your indignation and wrath, *
you have lifted me up and thrown me away.

11 My days pass away like a shadow, *
and I wither like the grass.

12 But you, O God, endure for ever, *
and your Name from age to age.

13 You will arise and have compassion on Zion,
for it is time to have mercy; *
indeed, the appointed time has come.

14 For your servants love its very rubble *
and are moved to pity even for its dust.

15 The nations shall fear your Name, O God, *
and all the rulers of the earth your glory.

16 You, O God, will build up Zion, *
and your glory will appear.

17 You will look with favor on the prayer of the homeless *
and will not despise their plea.

18 Let this be written for a future generation, *
so that a people yet unborn may praise you, O God.

19 For you looked down from your holy place on high; *
from the heavens you beheld the earth,

20 That you might hear the groan of the captive *
and set free those condemned to die,

21 That they may declare in Zion your Name, O God, *
and your praise in Jerusalem,

22 When the peoples are gathered together *
and the nations also, to serve you.

23 You have brought down my strength before my time; *
you have shortened the number of my days.

24 And I said, “O my God,
do not take me away in the midst of my days; *
your years endure throughout all generations.

25 In the beginning, O God, you laid the foundations of the earth, *
and the heavens are the work of your hands.

26 They shall perish, but you will endure;
they all shall wear out like a garment; *
as clothing you will change them,
and they shall be changed,

27 But you are always the same, *
and your years will never end.

28 The children of your servants shall continue, *
and their offspring shall stand fast in your sight.”

Praise to the holy and undivided Trinity, one God:
as it was in the beginning, is now, and will be forever. Amen.

The Lessons

First Reading

Reader A reading from **Acts 7:17-29**

‘But as the time drew near for the fulfillment of the promise that God had made to Abraham, our people in Egypt increased and multiplied until another king who had not known Joseph ruled over Egypt. He dealt craftily with our race and forced our ancestors to abandon their infants so

that they would die. At this time Moses was born, and he was beautiful before God. For three months he was brought up in his father's house; and when he was abandoned, Pharaoh's daughter adopted him and brought him up as her own son. So Moses was instructed in all the wisdom of the Egyptians and was powerful in his words and deeds.

When he was forty years old, it came into his heart to visit his relatives, the Israelites. When he saw one of them being wronged, he defended the oppressed man and avenged him by striking down the Egyptian. He supposed that his kinsfolk would understand that God through him was rescuing them, but they did not understand. The next day he came to some of them as they were quarreling and tried to reconcile them, saying, "Men, you are brothers; why do you wrong each other?" But the man who was wronging his neighbor pushed Moses aside, saying, "Who made you a ruler and a judge over us? Do you want to kill me as you killed the Egyptian yesterday?" When he heard this, Moses fled and became a resident alien in the land of Midian. There he became the father of two sons.

Reader Here ends the reading.

read in unison **Canticle L**

A Song of Christ's Humility *Philippians 2:6-11*

Though in the form of God, *

Christ Jesus did not cling to equality with God,
But emptied himself, taking the form of a servant, *
and was born in human likeness.

Being found in human form, he humbled himself *
and became obedient to death, even death on a cross.

Therefore, God has highly exalted him *

and given him the name above every name,
That at the name of Jesus, every knee shall bow, *
in heaven and on earth and under the earth,

And every tongue confess that Jesus Christ is Lord, *
to the glory of God the Father.

The Gospel

Reader A reading from the **Gospel of John 4:43-54**

When the two days were over, he went from that place to Galilee (for Jesus himself had testified that a prophet has no honor in the prophet's own country). When he came to Galilee, the Galileans welcomed him, since they had seen all that he had done in Jerusalem at the festival; for they too had gone to the festival.

Then he came again to Cana in Galilee where he had changed the water into wine. Now there was a royal official whose son lay ill in Capernaum. When he heard that Jesus had come from Judea to Galilee, he went and begged him to come down and heal his son, for he was at the point of death. Then Jesus said to him, 'Unless you see signs and wonders you will not believe.' The official said to him, 'Sir, come down before my little boy dies.' Jesus said to him, 'Go; your son will live.' The man believed the word that Jesus spoke to him and started on his way. As he was going down, his slaves met him and told him that his child was alive. So he asked them the hour when he began to recover, and they said to him, 'Yesterday at one in the afternoon the fever left him.' The father realized that this was the hour when Jesus had said to him, 'Your son will live.' So he himself believed, along with his whole household. Now this was the second sign that Jesus did after coming from Judea to Galilee.

Here ends the reading.

A full minute of silence is observed so that we may reflect on the teachings and ministry of Jesus.

The Apostles' Creed

Officiant Let us declare our faith in the resurrection and reign of Christ

Together

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant God be with you.
People And also with you.
Officiant Let us pray.

Together

An alternative Lord's Prayer

Our loving God in heaven,
holy is your Name,
may your reign come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.

For all creation, the power,

and the glory are yours,
now and for ever. Amen.

Suffrages

V. Help us, O God our Savior;
R. Deliver us and forgive us our sins.
V. Look upon your congregation;
R. Give to your people the blessing of peace.
V. Declare your glory among the nations;
R. And your wonders among all peoples.
V. Do not let the oppressed be shamed and turned away;
R. Never forget the lives of your poor.
V. Continue your loving-kindness to those who know you;
R. And your favor to those who are true of heart.
V. Satisfy us by your loving-kindness in the morning;
R. So shall we rejoice and be glad all the days of our life.

The Collects

The Collect of the Day

Officiant

O God of justice and compassion, who puts down the proud and mighty from their place, and lifts up the poor and the afflicted: We give you thanks for your faithful witness Jonathan Myrick Daniels, who, in the midst of injustice and violence, risked and gave his life for another; and we pray that we, following his example, may make no peace with oppression; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Together

A Collect for Guidance

O God, our Creator and Sustainer, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Savior. Amen.

Together

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. *Amen.*

Together, Led by Responder

A Collect for Social Justice and Peace

Almighty God, source of true justice and peace, in you there is no distinction of persons, for in you we are equally loved. Reconcile us that we may live and work with each other and with you to establish your reign on earth where there is no poverty, war, or any oppression, through Jesus Christ, our Savior. Amen.

During this time, one of our Abbey intercessors will offer our collective prayers for this community, the church, and the world.

The Intercessor concludes: Lord in your mercy.

People: Hear our prayer.

The Officiant concludes with the Collect for Mission.

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Savior Jesus Christ. *Amen.*

The General Thanksgiving

Together

Almighty God, of boundless mercy,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,

and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world
by our Savior Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts
we may show forth your praise,
not only with our lips,
but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our best vision,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Together

A Collect of Dedication

Beloved God: As we offer ourselves to you this day, guide and stir us with your Holy Spirit, that we may become one body, one spirit in Jesus Christ our Savior. Amen.

Dismissal

Officiant Let us bless God.

People To God be thanks forever.

Concluding Sentences

Officiant says one of the following

The grace of our Savior Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with us all evermore. *Amen.*

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. *Amen.*

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church, and in Christ Jesus for ever and ever. *Amen.*

Commemoration

Jonathan Myrick Daniels was born in Keene, New Hampshire, in 1939. Like many young adults, from high school in Keene to graduate school at Harvard, Jonathan wrestled with vocation. Attracted to medicine, ordained ministry, law, and writing, he found himself close to a loss of faith until his discernment was clarified by a profound conversion on Easter Day 1962 at the Church of the Advent in Boston. Jonathan then entered the Episcopal Theological School in Cambridge, Massachusetts.

In March 1965, the televised appeal of Martin Luther King, Jr., to come to Selma to secure for all citizens the right to vote touched Jonathan's passions for the well-being of others, the Christian witness of the church, and political justice. His conviction was deepened at Evening Prayer during the singing of the Magnificat: "He hath put down the mighty from their seat and hath exalted the humble and meek. He hath filled the hungry with good things." He wrote: "I knew that I must go to Selma. The Virgin's song was to grow more and more dear to me in the weeks ahead."

In Selma he found himself in the midst of a time and place where the nation's racism and the Episcopal Church's share in that inheritance were exposed. Greatly moved by what he saw and experienced, he returned to seminary, asked leave to work in Selma while continuing his studies, and returned there under the sponsorship of the Episcopal Society for Cultural and Racial Unity.

After a brief return to Cambridge in May to complete his exams, he returned to Alabama to resume his efforts assisting those engaged in the integration struggle. Jailed on August 14 for joining a picket line, Jonathan and his companions resolved to remain together until bail could be posted for all of them, as it was six days later. Released and aware that they were in danger, four of them walked to a small store. As sixteen-year-old Ruby Sales reached the top step of the entrance, a man with a shotgun appeared,

cursing her. Jonathan pulled her to one side to shield her from the unexpected threats and was killed instantly by the 12-gauge blast.

Jonathan's letters and papers bear eloquent witness to the profound effect that Selma had upon him. He writes, "The doctrine of the creeds, the enacted faith of the sacraments, were the essential preconditions of the experience itself. The faith with which I went to Selma has not changed: it has grown . . . I began to know in my bones and sinews that I had been truly baptized into the Lord's death and resurrection . . . with them, the black men and white men, with all life, in him whose Name is above all the names that the races and nations shout . . . We are indelibly and unspeakably one."

—Lesser Feasts and Fasts 2022 Church Publishing

Liturgy created with the following resources: Book of Common Prayer, Enriching Our Worship, Saint Helena Breviary, A New Zealand Prayer Book and The Inclusive Bible, From the Manual of the Society of the Companions of the Holy Cross Submitted by Judith Lockhart Radtke